

Fort Henry Heights Skating Club – Calendar – October 2026

25/09

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Cataraqi Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	2 Constantine 7:00-8:50 pm STAR 3-Gold	3 Constantine (see schedule below) USED SKATE SALE Adult/Teen (see schedule below)
4 Constantine (see schedule below) USED SKATE SALE	5 Cataraqi Kinsmen Ice 4:30-5:20 pm STAR 1-2 STAR 3-5 STAR 6-GOLD	6	7	8 Cataraqi Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	9 Constantine 7:00-8:50 pm STAR 3-Gold	10 Constantine (see schedule below) Adult/Teen (see schedule below)
11 Constantine (see schedule below)	12 NO SKATING 	13	14	15 Cataraqi Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	16 NO SKATING	17 Constantine (see schedule below) Adult/Teen (see schedule below)
18 Constantine (see schedule below)	19 Cataraqi Kinsmen Ice 4:30-5:20 pm STAR 1-2 STAR 3-5 STAR 6-GOLD	20	21	22 Cataraqi Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	23 Constantine 7:00-8:50 pm STAR 3-Gold	24 Constantine (see schedule below) Adult/Teen (see schedule below)
25 Constantine (see schedule below)	26 Cataraqi Kinsmen Ice 4:30-5:20 pm STAR 1-2 STAR 3-5 STAR 6-GOLD	27	28	29 Cataraqi Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	30 Constantine 7:00-8:50 pm STAR 3-Gold	31 Constantine (see schedule below)  No Adult/Teen

CONSTANTINE - Saturday Schedule

6:00-8:50 am STAR 6-GOLD (Off Ice 9:00-9:40)
 7:50-8:00 am FLOOD
 8:00-8:50 am STAR 3-5 & STAR 6-GOLD GROUPS (Plus 7:10-8:00 am)
 8:50-9:00 am FLOOD
 9:00-9:50 am PRE STAR AND STAR 1-2 (Off Ice 8:50-9:00)
 9:50-10:00 am CANSKATE SET UP
 10:00-10:45 am CANSKATE/ PRE CANSKATE (A Session) (Off ice 9:50-10:00)
 10:45-11:30 am CANSKATE /PRE CANSKATE (B Session) (Off ice 10:35-10:45)
Note: CanSkate Sessions include 10 minute off-ice warm up
Adult/Teen -- 7:00-8:15 pm A/STAR & STAR 1-3
 8:25-9:15 pm A/CANSKATE

CONSTANTINE - Sunday Schedule

6:00-8:50 am STAR 6-GOLD (Off Ice 9:00-9:40)
 7:50-8:50 am FLOOD
 8:00-8:50 am STAR 3-5 & STAR 6-GOLD GROUPS (Plus 7:10-8:00 am)
 8:50-9:00 am FLOOD
 9:00-9:50 am PRE STAR AND STAR 1-2 (Off Ice 8:50-9:00)
 9:50-10:00 am CANSKATE SET UP
 10:00-10:45 am CANSKATE/PRE CANSKATE (A Session) (Off ice 9:50-10:00)
 10:45-11:30 am CANSKATE/PRE CANSKATE (B Session) (Off ice 10:35-10:45)
Note: CanSkate Sessions include 10 minute off-ice warm up